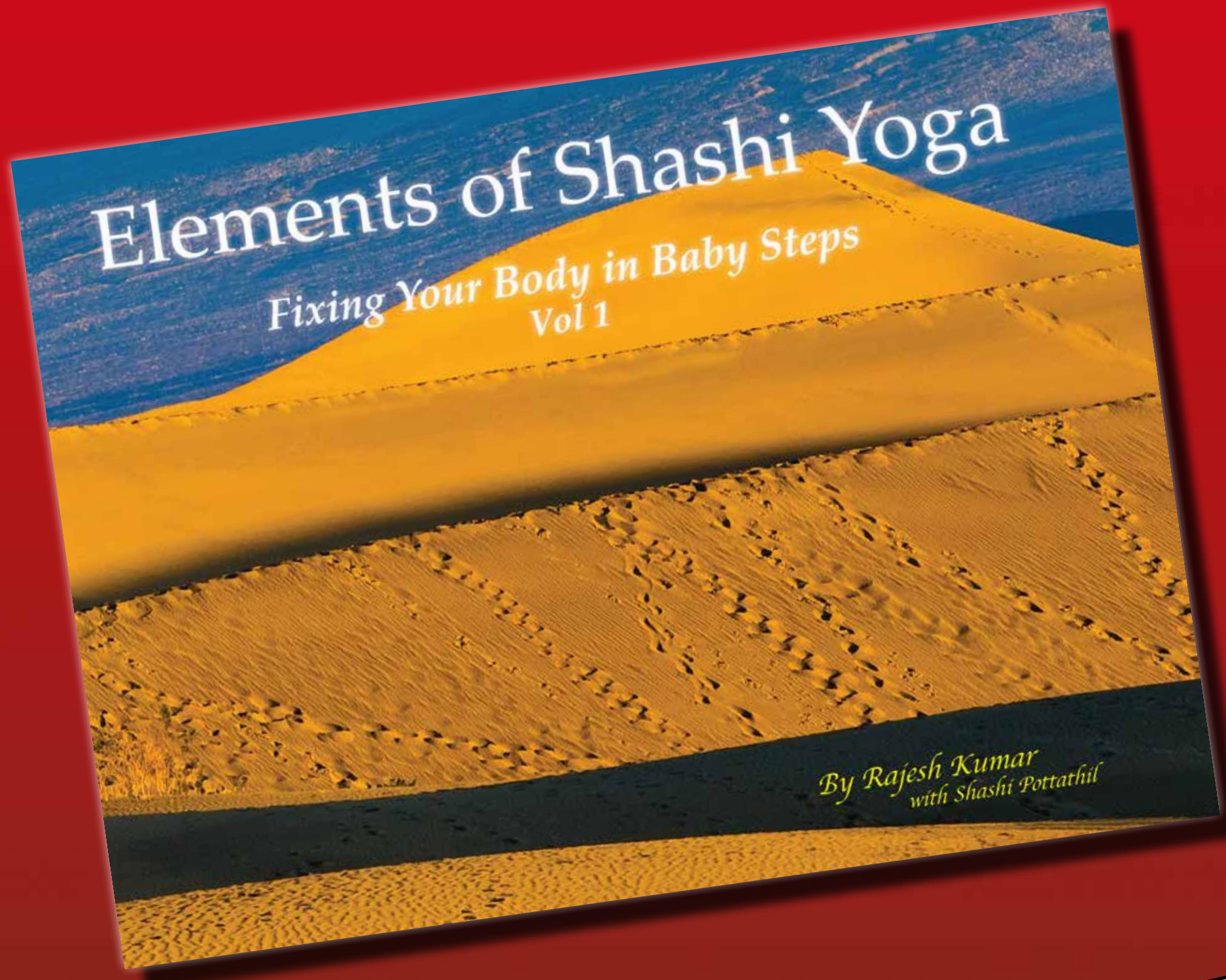
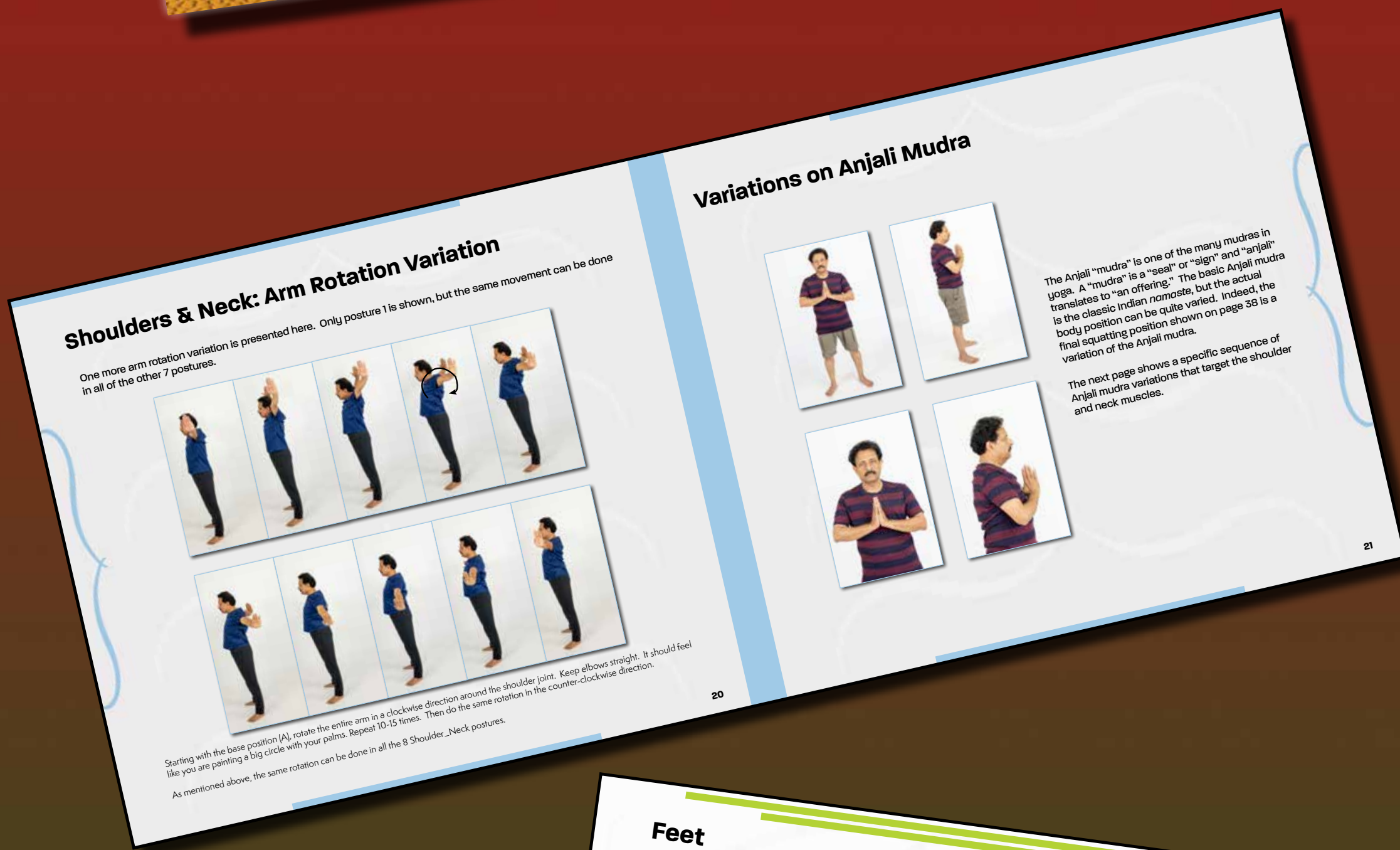


# This Holiday Season, Give the Gift of Health



**A Photo Guide Book By  
Rajesh Kumar**

**Hardbound & Printed on photo quality  
paper, in large format (13"x11")  
5 Chapters, 60 Pages**



**Step-by-step  
instructions to *Shashi  
Yoga*, with photos, text,  
& graphics**

**Coupon for 1 FREE  
CLASS\* at the Yoga  
& Meditation Center  
INCLUDED!!**  
\*Valid for new students ONLY



*Give the gift of Shashi Yoga to your nearest and dearest!!*

Place your orders at the Yoga studio or  
email: [photosbyarke@gmail.com](mailto:photosbyarke@gmail.com)

**\$85 per copy**

**Shipping Available: Fedex Ground for \$10 to Any US Address**